

Massage Therapy CEU Classes for 2012

Saturday April 28, 2012, 9:00 – 4:00 R102

Reiki Level I

This course introduces Usui Reiki for the use of self-care and client treatments. Level I is a 6 hour course taught in one day. By completion of the course students will know the origin and history of Reiki, indications for treatment and basic treatment applications. Purchase of the IRC Reiki manual is required at an additional cost of \$15. **\$65 Ins. \$0.25**

Instructor: PJay Bronson LMBT NC # 3667 Certified Reiki Master

Saturday, May 19, 9:00 - 4:00pm R102

Hot and Cold Stones in a Swedish Massage

The application of heat and the alternation of heat and cold through the use of stones can increase the effectiveness of the massage. This 6 hour course will allow the student the opportunity to explore the use of stones with their Swedish massage strokes. The history and philosophical use of stones will be the basis of the course. How to clean and care for the supplies, proper body mechanics and energy balancing techniques will also be included in this “hands-on” course. Students are required to bring a set of 24 massage stones. **\$65 Ins. \$0.25**

Instructor: PJay Bronson LMBT NC # 3667

Saturday, June 16, 2012, 9:00 – 4:00 R102

Introduction to Pregnancy Massage

This course introduces the techniques, indications and contraindications for massaging pregnant clients. Students will learn proper client draping, positioning and strokes to create a comfortable and beneficial experience for pregnant clients. At completion of this 7 hour course, students will understand the accommodations needed to work on this special client population. **\$65 Ins. \$0.25**

Instructor: PJay Bronson LMBT NC # 3667

Saturday June 23, 2012, 9:00 – 4:00 R102

Introduction to Reflexology

This introductory class will cover reflexology history, ethics, contraindications/cautions, meridians, zones, structural alignment and focus on foot and hand reflexology. Class includes lecture, practical demonstration and application and a written test. Each student needs to bring one bottom sheet for massage table, two large towels, and a plastic foot tub for soaking. **\$65 Ins. \$0.25**

Instructor: M. Carey Hendrix NC # 4469 Certified in Reflexology

Saturday, July 14, 2012, 9:00 – 4:00 R102

Reiki Level II

This course builds upon the basic principles of Usui Reiki learned in Level I. The use of symbols and specific hand placements are introduced. Students will be introduced to planning and performing treatments for emotional and physical issues. Level II is a 6 hour course taught in one day. By completion of the course students will be able to plan Reiki sessions that target specific client needs. The IRC Reiki Manual from Reiki I will be used. If the student does not have the manual it can be purchased at an additional cost of \$15. **\$65 Ins. \$0.25**

Instructor: PJay Bronson LMBT NC # 3667 Certified Reiki Master

Saturday, July 28, 2012, 9:00 – 4:00 R102

Tools of the Trade

Attend this workshop to try some the most popular massage tools before you buy. You will have a chance to use tools from knobblers to foot rollers and bongers to thumb savers. The tools range from specific area use to entire body application. Class includes video, lecture, practical demonstration and application and a written test. **\$65 Ins. \$0.25**

Instructor: M. Carey Hendrix NC # 4469