

Class	Hours Per Week			Credit
	Lab	Clinic		

NURSING ASSISTANT

NAS 101	Nursing Assistant I	3	4	3	6
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Prerequisite(s): High school diploma or GED

Corequisite(s): None

This course introduces basic nursing skills required to provide personal care for patients, residents, or clients in a health care setting. Topics include communications, safety, patients' rights, personal care, vital signs, elimination, nutrition, emergencies, rehabilitation, and mental health. Upon completion, students should be able to demonstrate skills necessary to qualify as a Nursing Assistant I with the North Carolina Nurse Aide I Registry. *This is a certificate-level course.*

NAS 102	Nursing Assistant II	3	2	6	6
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Prerequisite(s): High school diploma or GED and currently eligible to be listed as NA I with State of North Carolina

Corequisite(s): None

This course provides training in selected advanced nursing assistant procedures. Emphasis is placed on sterile techniques, respiratory procedures, catheterizations, wound and trach care, irrigations, and ostomy care. Upon completion, students should be able to demonstrate skills necessary to qualify as a Nursing Assistant II with the North Carolina Board of Nursing. *This is a certificate-level course.*

NAS 103	Home Health Care	2	0	0	2
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Prerequisite(s): High school diploma or GED

Corequisite(s): None

This course covers basic health issues that affect clients in the home setting. Emphasis is placed on home safety, recognizing significant changes in the client's condition, family dynamics, and use of home health care equipment. Upon completion, students should be able to identify care for clients at home. *This is a certificate-level course.*

NAS 105	Life Span Changes	2	0	0	2
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Prerequisite(s): High school diploma or GED

Corequisite(s): None

This course covers growth and development in relation to the human body throughout the life span. Topics include restorative care, safety, nutrition, and the physical, mental, and social aspects of the aging process. Upon completion, students should be able to understand the changes that occur throughout the life span. *This is a certificate-level course.*